

## City of Stonecrest receives Health & Wellbeing Incentive Grant from GMA GMEBS Life and Health Insurance Fund

FOR IMMEDIATE RELEASE: 10/31/2023

**STONECREST, GA** - The City of Stonecrest has been selected by the Georgia Municipal Association (GMA) to receive the Employee Health & Wellbeing Incentive Grant. This recognition acknowledges the city's unwavering commitment to the health and wellness of its employees and their families. The grant, awarded statewide, supports worksite programs designed to enhance the physical and mental wellbeing of city staff.

The awards are made exclusively to members of the GMA GMEBS Life and Health Insurance Fund, which is underwritten by Anthem Blue Cross Blue Shield. Selection is based on the city's dedication to employee health and its demonstrated collaboration with community groups and organizations engaged in health promotion.

As a key part of the grant application process, the City of Stonecrest appointed a Health Promotion Champion who will be responsible for crafting a comprehensive workplace health promotion action plan. The champion will also attend the Health Promotion Champion Training workshop, offered by Local Government Risk Management Services (LGRMS).

Workplace wellbeing programs have a proven track record of not only enhancing employee health and quality of life but also reducing medical claims and fostering a positive workplace atmosphere. These services are offered to member cities through LGRMS, a non-profit agency jointly operated with the Association County Commissioners of Georgia.

Among the services provided, employees will have access to a confidential health assessment program that includes a Health Risk Appraisal, blood pressure screening, and health improvement feedback. The City of Stonecrest is excited to be selected for this grant, which will empower the city to introduce new programs benefiting its staff and their families.

The GMA - GMEBS initiative is available to all Georgia Municipal Association members, and currently, several cities, authorities, and regional commissions participate in this health plan. All GMA member cities, authorities, and regional commissions are eligible to apply for the Health & Wellbeing Incentive Grants annually. The GMA is proud to support the City of Stonecrest in its important mission to prioritize employee health and wellbeing.

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City of Stonecrest Website: https://stonecrestga.gov/

## Additional information on the GMA Health Promotion & Wellbeing Grant Program:

https://www.gacities.com/What-We-Do/Service/Employee-Benefits/Life-Health-Insurance/GMA-Hea

Promotion-Wellbeing-Grant-Program.aspx